



Malta House of Care Clinic Greater Hartford

Exciting News: 2024-2026 Strategic Plan Unveiled!

In January 2023, a dynamic team consisting of Malta's Board of Directors, staff, and volunteers convened to develop a new three-year strategic plan. With the assistance of Fio Partners, we gathered insights from diverse perspectives including staff, community partners, volunteers, industry experts, and patients. Following thorough data collection, the board held a retreat in June 2023 to review the information and craft a plan aligned with our mission, vision, and desired outcomes. Unanimously approved by the board in September 2023, this plan marks a significant milestone in our ongoing commitment to advancing Malta's mission.

Here are the updated mission statement and organizational Vision and Values approved by Malta's Board.

Mission

To mobilize volunteers, partners, and donors to improve the overall health and well-being of uninsured adults in Greater Hartford by providing free primary care health services.

Vision for Impact in the Community

- Malta patients are thriving, enjoying improved quality of life — they are physically, emotionally, and spiritually healthier.
- Patients receive comprehensive and holistic services through Malta and its partners.
- Our community is healthier, with reduced health disparities and lower utilization of emergency services.
- A robust healthcare system, built on partnerships and preventative programs, ensures accessibility for all.
- Malta's model of care is celebrated and supported throughout the community.

Values

Malta House of Care was founded by members of the Order of Malta, whose mission is to uphold human dignity and care for people in need. In honoring that tradition, Malta values serve as the cornerstone of our work:

- We Provide Care with Dignity and Compassion
- We Serve with Integrity and Excellence
- We are Committed to Safe and Quality Care
- We Respect and Include all People

The 2024-2026 Strategic Plan guides annual goal-setting efforts and staff leadership and the board will jointly track progress by monitoring the Plan's agreed-upon key results.

2024-2026 Goals

- **Expand Service Reach:** Gradually extend our service area and broaden access to complementary health and social services.
- **Boost Philanthropic Support:** Double our annual philanthropic support to further fuel our mission.
- **Enhance Community Visibility:** Forge deeper relationships and increase visibility within our communities to maximize impact.
- **Optimize Internal Systems:** Strengthen internal systems to measure health outcomes and amplify our impact.
- **Board Advancement:** Evolve our Board of Directors to enhance impact and propel our mission forward.

This strategic roadmap will guide our annual goal-setting endeavors, ensuring alignment with our collective vision for a healthier, more equitable community. Together, let's embark on this transformative journey to uplift lives and build a brighter future for all.



Introducing “A Minute with Malta”



In November 2023, our newly appointed Medical Director Dr. Angela Stein, M.D. FACP, initiated an internal educational series titled “A Minute with Malta.” This innovative program aims to provide brief recorded sessions covering essential timely health topics exclusively for our staff and volunteers.

Designed to keep our team informed about recent developments in healthcare, “A Minute with Malta” ensures that our staff and volunteers are equipped with the knowledge needed to deliver top-notch care to our patients. Recent topics included “Outpatient Treatment of COVID-19” and “Depression in the Primary Care Setting.”

Your generosity is the force behind our mission. Malta House of Care is supported 100% by philanthropy; we receive no local, state, or federal funding. Yet we provide high-quality, free primary care to about 2,200 uninsured adults on a mobile clinic that costs \$87,500 per month to operate.

In the heart of every donation, there’s a story of health restored, of lives transformed. Every contribution to Malta House of Care brings a promise of hope to those in need. Join us in delivering quality healthcare to the uninsured.

Scan the QR code to
DONATE NOW!



PARTNERSHIP SPOTLIGHT



Gratitude for our Partners: **Enhancing Diabetes Care at Malta House of Care**

At Malta House of Care, we are immensely grateful for the steadfast support and generosity of Avangrid Foundation, whose partnership has been instrumental in advancing our mission of providing essential healthcare services to those in need.

With Avangrid Foundation’s support, we have been able to bolster our efforts in diabetes management, particularly in the area of A1C testing supplies. These supplies play a crucial role in monitoring blood sugar levels and empowering individuals to take control of their health and well-being. By ensuring access to these resources, we are able to better support individuals in managing their diabetes and improving their overall health outcomes.

The partnership between Malta House of Care and Avangrid Foundation exemplifies the power of collaboration in addressing community health challenges. Together, we are working to strengthen healthcare access and outcomes for underserved populations, making a tangible difference in the lives of individuals and families across our community.

We extend our sincere appreciation to Avangrid Foundation for their continued support and partnership. Their dedication to advancing community health initiatives is instrumental in our collective efforts to build healthier and more resilient communities. Together, we are making strides towards a healthier future for all.



According to CDC research, 1 in 10 adults in America has diabetes, and astonishingly, 1 in 5 are unaware of their condition. Diabetes accounts for a substantial portion of healthcare spending in the U.S. The Avangrid Foundation grant equips Malta House of Care with vital resources to detect, monitor, and manage diabetes effectively and tools to intervene early and create personalized treatment plans to track our patient progress effectively.



Celebrating Two Decades of Dedication: **HONORING MALTA HOUSE OF CARE FOUNDING MEMBERS**



From Left to Right: Brien Horan, Dr. Pauline Olsen, Ronald Jarvis, Peter Kelly, Sr., and Jean-Pierre van Rooy

On December 7, 2023, the Board of Directors and staff of Malta House of Care joyfully gathered to celebrate the holiday season alongside five of the original founding members of Malta House. The seeds of Malta House of Care were planted in 2004, when a group of Hartford-area community leaders affiliated with the Order of Malta recognized the urgent need to address disparities in healthcare access and quality in the Greater Hartford region. Their unwavering commitment to the mission of serving the sick and poor led to the inception of Malta House of Care. Now, two decades later, their dedication and innovative approach have resulted in over 77,000 patient visits, a testament to their enduring legacy. In the photo, we see five of the visionaries whose mission continues to inspire our work today.

PATIENT SUCCESS STORY: *Malta guides immigrant on her health journey*

Meet Fatima, a resilient 41-year-old woman from Guinea, Africa, who moved to the United States in 2023. When she first visited Malta House of Care in July of that year, little did she know that her journey would lead to improved health and well-being in just six short months.

During her initial visit, concerns arose when elevated blood sugar levels hinted at a potentially life-altering diagnosis. Initially prescribed oral medication for what was presumed to be Type 2 Diabetes, Fatima hesitated to commence treatment, feeling well and displaying no symptoms. However, a closer examination and subsequent lab tests unveiled a different reality: Fatima was diagnosed with Type 1 Diabetes.

Fatima initially hesitated to start insulin treatment upon receiving the challenging news. However, the compassionate team at Malta House of Care provided unwavering support and guidance. Spending over two hours with Fatima, they delved into the intricacies of diabetes management, diet, exercise, and insulin administration. Despite the language barrier, as Fatima does not speak English,



Malta ensured she received essential tools, including a glucometer and educational handouts, through the assistance of an interpreter.

In the ensuing weeks, Fatima's journey to health continued with regular follow-ups and ongoing support from the Malta House of Care team. Despite navigating immigration challenges, unemployment, and language barriers, Fatima demonstrated remarkable progress. By January 2024, she had secured Medicaid coverage and appointments for continued diabetes management with Community Health Center and UConn Endocrinology.

Fatima's story epitomizes the transformative impact of Malta House of Care's comprehensive care model. Through timely diagnosis, compassionate support, and access to essential resources, individuals like Fatima are empowered to navigate life's challenges and pursue a path to improved health and well-being.

Your support enables stories like Fatima's to become a reality. Join us in making a difference. Donate today.

**Please note: "Fatima" is a fictional name given to a real patient at Malta in order to respect her privacy while highlighting the real impact of Malta House of Care's support.*

PATIENT SUCCESS STORY

**Calling all end of year supporters
Swing into action TODAY and
earn an extra 15% for Malta!**

We are gearing up for another fantastic year of participation in Traveler's Birdies for Charity. This marks our 7th consecutive year participating in this impactful event. With profound gratitude for the support received, combined with a generous 15% match from Webster Bank, we are proud to share that over the past six years, our partnership with Birdies for Charity has contributed to a **total of \$442,000** raised for Malta House of Care. Let's maintain this positive momentum and strive for even greater heights!

Last year Malta's stand-out participation in Birdies for Charity entitled us to have the incredible opportunity to be part of the tournament's "Fan Zone" during the event. This not only provided us with additional exposure to fans, but also allowed us to garner press coverage, enabling us to reach a broader audience and amplify our cause. Let's gear up for another record-breaking year of Birdies for Charity!



If you traditionally support Malta at the end of the year, consider making your 2024 donation via the Birdies program NOW and the 15% match will help us make an even bigger difference



Scan the QR code to make your donation count an extra 15%!



Thanks to the generous donations Malta received through Birdies for Charity last year, we were offered the opportunity to be part of the Fan Zone at the Traveler's Championship. We were interviewed on NBC Golf, WFSB Channel 3 and with Renee DiNino on iHeart Radio.



**Wonder Women 2024:
Celebrating Extraordinary Leaders Making a Difference!**

Malta House of Care proudly presents its 12th class of Wonder Women:

- Deb Bibbins**, *Connecting Generations, Building Community*
- Cate Grady-Benson**, *Preserving Nature, Inspiring Leadership*
- Abby Sullivan Moore**, *Compassion in Action, Footwear for All*
- Gladys Rivera**, *Passion for Service, Empowering Change*
- Jessica Zachs**, *Nurturing Dignity, Redefining Equity*



Deb Bibbins



Cate Grady-Benson



Abby Sullivan Moore



Gladys Rivera



Jessica Zachs



These exceptional Connecticut women have made significant contributions to the Greater Hartford community and will be honored at the Celebrating Wonder Women 2024 event on Thursday, May 16, 2024, from 5:30 pm to 8:30 pm at The Bushnell.

Since 2011, Malta House of Care has hosted the "Celebrating Wonder Women" awards ceremony and fundraiser to honor extraordinary women who positively influence their communities. This year's honorees represent a diverse and impactful leadership shaping our community.

BECOME A SPONSOR:

Support Malta's mission and honor these remarkable women by becoming a sponsor of this event.

RESERVE YOUR TICKET:

We welcome Malta supporters new and old to celebrate our Wonder Women Class of '24 this spring.

To learn more about the honorees, become a sponsor or reserve your ticket please scan the QR code or visit:



maltahouseofcare.org/ww24