



Introducing Dianne Auger: New Malta House Executive Director!



We are delighted to introduce Dianne Auger as our newly appointed Executive Director at Malta House of Care, Inc., effective August 28, 2023! Many of you may recognize Dianne, as she served as Malta's Interim Executive Director during pivotal moments in our organization's journey.

Get to know Dianne

A Transformative Leader

Dianne Auger is an accomplished senior executive known for her visionary leadership across diverse sectors, including healthcare, banking, and non-profits. With a career that includes leadership roles such as Senior Vice President at St. Vincent's Medical Center in Bridgeport and Regional CEO at the American Red Cross in Connecticut, Rhode Island and New York, Dianne has earned numerous awards and recognition for her dedication to leading community initiatives that have touched the lives of many, fostering healthier, stronger communities.

Passion for Service and Healthcare Access

A servant leader and passionate advocate for healthcare accessibility, Dianne brings with her a deep commitment to ensuring that everyone, regardless of their circumstances, has access to quality healthcare. Her beliefs perfectly align with the mission of Malta House to provide inclusive and accessible primary healthcare services to uninsured adults in Greater Hartford. As Dianne takes the helm, her expertise and community-focused approach will ensure that as Malta House embarks on launching a new strategic plan and engages with more donors and partners in new ways, that people served by Malta House will continue to thrive and that their quality of life and health outcomes further improve.

Commitment to the Malta House Mission

"I am honored to work alongside the Malta House team of staff, volunteers and Board members. In a previous role, I served as a leader of an annual hospital medical mission. At Malta House of Care, it is what we do every day. Malta House has a profound impact on the lives of people in need and it is a mission I feel called to and privileged to serve."

As Malta House continues to evolve and strengthen its impact on the health outcomes of the people we serve, we are thrilled to welcome Dianne Auger to the Malta House of Care team!

Meet Our Dedicated Staff featured throughout this newsletter!



Yoaida Santana, Vanessa Hernandez & Emily Howard



Ron Nimro



Elizabeth Sepulveda



Dr. Angela Stein & Dianne Auger

Welcome Dr. Angela Stein, Medical Director

Dr. Angela Stein, MD, FACP, joins us with a heart full of compassion and a dedication to serving the underserved. Her journey in medicine began at the University of Connecticut School of Medicine, where she earned her Medical Degree in 2009. With a focus on Internal Medicine, she brings not just expertise, but a genuine warmth and care to her practice. Dr. Stein's passion for making a difference in our community aligns perfectly with Malta House of Care's mission. We are thrilled to have her on board, and we look forward to the positive impact she will undoubtedly bring to our patients. Welcome, Dr. Stein!



A Grateful Note to Dr. Tracy Brennan

Malta House of Care extends heartfelt thanks to Dr. Tracy Brennan, Interim Medical Director, Malta House Board Member, and Wonder Women Class of 2023, for her invaluable contributions. Dr. Brennan's dedication to the cause of healthcare accessibility has made a profound difference in the lives of many. Her guidance and expertise continue to inspire the Malta team and shape the organization's mission.



Thank you!

Empower Extraordinary Women: Celebrating Wonder Women '24!



Since 2011, Malta House of Care has been the proud host of the esteemed "Wonder Women" awards ceremony and fundraiser. Our honorees encompass a diverse range of roles – students, doctors, executives, musicians, educators, advocates, scientists, artists, nurses, lawyers, swim instructors, dancers, grandmothers, and more. We invite you to be a part of this celebration by nominating an extraordinary woman you know!

How You Can Nominate:

Scan the QR code or visit malthouseofcare.org/ww24 to fill out our Wonder Woman Nomination Form by **Friday, December 1, 2023.**



Thank you to our partners!



In May 2023, CVS Health & Aetna donated 300 cinch sacks, each packed with essential items for our patients and 75 boxes of extra supplies to support our services. (Pictured here with Betsy Walsh & Veronica Sullivan)



In June 2023, Malta received \$11,250 in "Bonus Bucks" courtesy of Webster Bank as part of the Birdies for Charity program part of Travelers Championship thanks to the overwhelming support we received.



In August 2023, Malta hosted a Women's Wellness clinic in collaboration with Hartford Hospital's Mobile Mammography Van and provided physical exams and mammograms to eleven Malta patients.



In Fall 2023, Malta hosted three flu vaccine clinics with Optum Health who donated 300 flu vaccines for Malta patients.

Breaking Barriers, Healing Hearts: A Mental Health Milestone!

In January 2023, thanks to the generous support from The Cigna Group Foundation, Malta House of Care embarked on a groundbreaking journey — initiating a mental health screening program for all our patients. Fast forward to today, and we've conducted over 2,000 screenings, leading to more than 70 patients receiving crucial mental health care services through our community partners.

The significance of this initiative cannot be overstated. Mental health care is a pressing need, especially for adults facing financial challenges and enduring racial and societal disparities. Recent data from the Health Equity in CT 2023 study by DataHaven paints a stark picture: low-income adults experience chronic depression at a rate five times higher than high-income adults. Black and Latino adults report depressive symptoms at 1.3 times the rate of white adults. In Hartford, nearly one in five adults feels anxious or depressed.

In just a few weeks, we've had two patients reach out to Malta during mental health crises. Thanks to

our program, we were able to respond effectively, guiding them towards positive resolutions. This experience underscores the importance of breaking down barriers to mental health services, especially for underserved communities. Our universal Depression Screening (PHQ-9) screenings have opened the door for vital conversations about mental health, offering our patients a chance to discuss treatment options and referrals. For many, this simple act of care and concern means the world.



Our heartfelt gratitude goes to The Cigna Group Foundation for their unwavering support. Your commitment to the people of Greater Hartford is not only evident in your financial backing but also in your dedication to our community. The Cigna Group Foundation has been our Founding Sponsor for Celebrating Wonder Women events since 2011, and we are profoundly thankful for your enduring partnership. Together, we're making a difference, one heart at a time.

A Beacon of Hope: Malta's Impact on Real Lives

Meet Lucas, a resilient 43-year-old Brazilian man, who immigrated to the United States three years ago. Despite his professional background as an engineer, he struggled to secure steady work in his new home, amplifying the anxiety of affording food for his family. His worries deepened with a special needs child requiring costly services, making ends meet seem like an insurmountable challenge.

Although his initial Depression Screening (PHQ-9) didn't strongly indicate his distress, just two days later, Lucas found himself in the grip of a full-blown panic attack. In his moment of despair, he remembered Malta House of Care, where caring professionals had asked him essential questions about his mental health. With nowhere else to turn, he sought refuge at the Malta House of Care.



At Malta, we swiftly connected Lucas with a community behavioral health provider who saw him the same day. Through their support, he started medication to help manage his anxiety. With renewed hope, Lucas also began working with a job coach, aiming to secure the stability he so desperately needed for his family.

Lucas's story is a testament to the transformative impact of compassionate care and timely intervention. At Malta House of Care, we don't just provide medical assistance; we offer a lifeline to those in crisis, helping them find their path from despair to hope.

Your support enables stories like Lucas's to become a reality. Join us in making a difference. Donate today.

**Please note: "Lucas" is a fictional name given to a real patient at Malta in order to respect his privacy while highlighting the real impact of Malta House of Care's support.*

Your Generosity in Action: Your Donation Makes a Big Impact

In every donation, there's a heartbeat of compassion, a promise of hope. Your generosity is the force behind our mission, guiding us toward a healthier community. Each dollar you give propels us forward, paving the way for quality healthcare to the uninsured to create lasting change. Here's how your donation can make a difference:

Nurture Wellness: Fuel a Full Primary Care Exam!

DONATE 
\$125

Be the beacon of health for someone in need! Your contribution ensures a comprehensive primary care examination, encompassing vital lab and radiology tests, guiding our patients towards better health.



APRN Lauryn Conroy examines a patient

Break Language Barriers: Empower Understanding!

DONATE 
\$200

Translate compassion into action! Your support enables two clinic days of MARTTI video medical translation in over 250 languages, fostering understanding and trust, and bridging the communication gap.

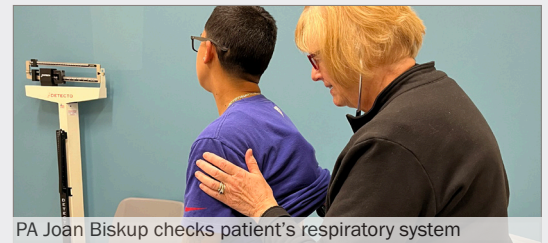


Vilma Barillas-Chang & Veronica Sullivan work with MARTTI

Breathe Easier: Sponsor a Respiratory Evaluation!

DONATE 
\$500

Be the breath of fresh air! Your generous donation covers the cost of an average chest X-ray, aiding in the evaluation of respiratory conditions, providing clarity and peace of mind.



PA Joan Biskup checks patient's respiratory system

Empower Diabetic Wellness: Provide A1c Testing Kits!

DONATE 
\$1000

Be the guardian of health! Your contribution equips our clinic with A1c diabetic testing kits for in-office blood sugar testing, empowering diabetes management and paving the way for healthier lives.



Emily Howard conducts in office A1c test

In the heart of every donation, there's a story of health restored, of lives transformed. Every contribution to Malta House of Care brings a promise of hope to those in need. Join us in delivering quality healthcare to the uninsured. Your generosity is the force behind our mission.



Scan the QR code to
DONATE NOW!

A basic building block of life is healthcare and for over 17 years, the Malta House of Care Clinic has provided primary healthcare to thousands of uninsured adults in the Greater Hartford area thanks to you!

You might be among the thousands supporting the Malta House of Care mobile clinic, or one of our compassionate volunteer healthcare professionals, or a past or present member of our team. Whichever role you've played in the past 15+ years, you've been one of the essential building blocks of our mission. Your contribution has allowed us to provide NO COST healthcare to uninsured adults in Greater Hartford, shaping the foundation of our ongoing success. Thank you for being a cornerstone of our ongoing success.

 **Malta**
building
blocks

