



Malta House of Care

The Heart of Malta: **Celebrating Our Volunteers**

For nearly two decades, Malta House of Care has relied on the power of volunteers to provide thousands of free primary care visits each year.

From physicians and nurses to psychologists and interpreters, Malta volunteers have contributed over **60,000 hours** of service since we welcomed our first patients in 2006. In 2024 alone, more than **50 active medical volunteers** donated around **3,400 hours** of time and talent to care for our uninsured neighbors.

Their compassion is what makes Malta truly special. Each visit, each patient conversation, each follow-up call reflects the dedication of people who give their time simply to help others.

As Mahatma Gandhi once said, "The best way to find yourself is to lose yourself in the service of others."

This spring, we are especially proud to spotlight four of our incredible volunteers, starting with one of Malta's very first: Pauline Olsen, MD.



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—Mahatma Gandhi

Pauline Olsen, MD

19 Years of Healing and Hope

One of Malta's founding volunteers and a retired OB-GYN, Dr. Pauline Olsen recently retired (again!) in January 2025 after providing 19 years of clinical care to Malta patients.

What stood out most to her over the years? "How genuinely appreciative and grateful the patients are to have someone care about their health," she says.

"And how all the volunteers and staff truly care for each patient and go out of their way to help them."

Dr. Olsen remembers early days when volunteers would work their hospital shifts, then show up on their day off to care for Malta patients. "Patients would often bring in a card or a treat to say thank you. It meant the world."



Barb Parlee, RN

Bringing Experience and Empathy



Barb first started volunteering at Malta around 2011 while working at Saint Francis Hospital and returned in 2023 after retiring from her 45-year nursing career.

"I saw firsthand how patients would delay care until they were in crisis," she says. "Malta helps people avoid that spiral. I missed that connection to patients, and I'm grateful to continue helping here in retirement."

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Malta volunteers and staff celebrate Dr. Pauline Olsen in honor of her retirement from Malta, January 2025.

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Judy Keane, RN

A Weekly Gift



Judy joined Malta in 2015 after retiring from Capital Community College’s nursing department. What started as a way to “fill time” quickly became something more.

“I found I was always learning—from EPIC, from my peers, from the patients,” she says. “The smiles I get when patients see I’ll be their nurse for the day—that’s a gift to me.”

Joyce Kamanitz, PhD

Mental Health, Compassionate Care



Joyce, a psychologist with 30 years in private practice, was inspired to join Malta after hearing about it from a friend who volunteered.

“Every time I leave, I feel inspired by my patients’ bravery, love for their families, and determination for a better life,” she shares. “It’s a blessing to be able to give to others.”

Every smile, every warm hello, every hour volunteered—it all matters. Thank you to all of Malta’s extraordinary volunteers. You are the heartbeat of our mission.



Patient with Malta volunteer Deirdre Gilbert, RN

Interested in joining our team of volunteers?



If you’re 21 or older and a licensed physician, nurse, nurse practitioner/physician assistant, EMT, or medical interpreter, we’d love to hear from you! Learn how you can make a difference at malthouseofcare.org/volunteer or by scanning this QR code.



Patient with Malta volunteer Judy Keane, RN

Calling all end of year supporters Swinging into Another Great Year with Birdies for Charity!

We’re excited to tee up for our 8th consecutive year participating in the Travelers Championship’s Birdies for Charity program! Thanks to the unwavering support of our donors and Travelers—and the 15% match from Webster Bank—Malta House of Care has raised an astounding \$533,803 through Birdies for Charity over the past seven years!

We’re looking forward to another impactful year—let’s keep the momentum going and aim even higher in 2025!



15% more impact. One easy swing.



Scan the QR code - make your donation count an extra 15%!

If you traditionally support Malta at the end of the year, consider making your 2025 donation via the Birdies program NOW and the 15% match will help us make an even bigger difference

Welcoming New Board Member and Celebrating Continued Support from The Hartford

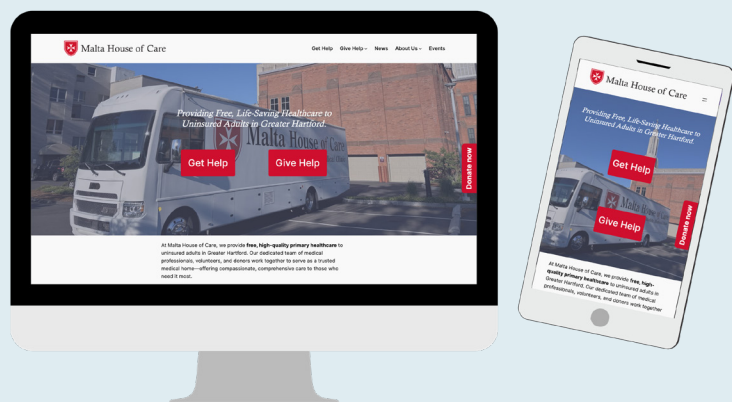


Malta House of Care is proud to recognize The Hartford, for its ongoing and generous support of the Asylum Hill neighborhood and the Greater Hartford community. As a valued community partner they play a vital role in helping organizations like Malta expand access to healthcare for uninsured adults.

We are also delighted to welcome Anthony J. Salerno Jr., Vice President and Assistant Corporate Secretary at The Hartford, to our

Board of Directors. Tony brings a wealth of legal expertise and a deep commitment to community service. We are honored to have him join the Malta family and look forward to the insight and leadership he will contribute to our mission.

Together, with community-minded partners like The Hartford and dedicated leaders like Tony, we continue to strengthen our impact and bring essential healthcare services to those who need them most.



Malta House of Care Launches New Website!

Malta House of Care is proud to unveil our newly redesigned website — built to better serve our patients, supporters, and community. Whether you're seeking care or looking for ways to give back, our new homepage makes it simple with two clear paths: "Get Help" and "Give Help."

This user-friendly approach ensures that everyone — from patients in need of healthcare to those inspired to support our mission — can find what they need quickly and easily.

To guide the redesign process, we reviewed dozens of nonprofit healthcare websites from across the country, drawing inspiration from the most effective, compassionate, and accessible designs. The result is a clean, modern site that reflects Malta's values of dignity, care, and connection.

And for those looking to make a difference, we've made it even easier to give — with a "Donate Now" button visible on every page, at all times. Your support is just one click away, helping us continue to provide free, high-quality healthcare to uninsured adults in Greater Hartford.

Explore the new site at malthouseofcare.org, and see how we're making it easier than ever to connect with Malta, whether you're looking for care or looking to give help.

Corporation & Foundation Supporters 2025

- Archdiocese of Hartford
- Beatrice Fox Auerbach Foundation Fund at the HFPG
- Avangrid Foundation
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- Mildred L. Cannon Trust
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- CT Chapter Society of CPCU
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- Town Fair Tire Foundation
- The Trumbull Family Foundation
- Trinity Episcopal Church
- Unilever - Vaseline
- The Richard and Barbara Whitcomb Foundation

Your Impact in Action: Transform Lives with Your Donation

Every dollar you give drives our mission to provide free, compassionate healthcare to those in need. Your generosity isn't just a contribution—it's a lifeline, a beacon of hope for the uninsured in our community. Together, we create pathways to better health and brighter futures. *Here's how your donation can make a tangible difference:*

Provide Specialized Testing

DONATE Covers specialized testing for patients needing cardiology, neurology, gastroenterology, gynecology, and more.
\$125

Support Diabetes Care

DONATE Funds a full diabetic check-up, including bloodwork, foot exams, and vaccines for a patient in need.
\$200

Empower a New Patient

DONATE Provides a comprehensive assessment for a new patient, including essential baseline tests like mammograms, cervical cancer screenings, tests, and more.
\$500

Bridge Language Gaps

DONATE Enables interpretation services for a full month, ensuring all patients can communicate effectively with their healthcare team.
\$1000

Keep Our Mobile Clinic Rolling

DONATE Sponsors the operation of our mobile clinic for an entire month, delivering critical healthcare to underserved communities.
\$2500

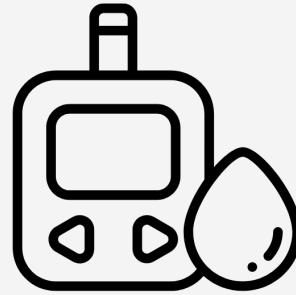
Scan the QR code to DONATE NOW!

lives, restoring health and bringing hope to those who need it most. By joining us, you become the heartbeat of our mission, ensuring quality healthcare for the uninsured. Your generosity makes all the difference.



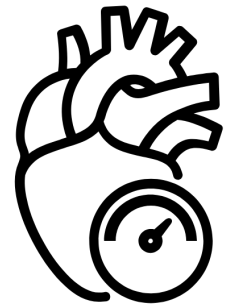
Malta Patients Are Beating the Odds — And Redefining What's Possible

Thanks to compassionate care, dedicated volunteers, and generous donors, Malta patients are achieving better health outcomes than state and national averages.



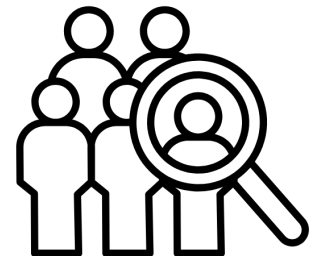
Diabetes Control: 80% of Malta patients with diabetes have controlled A1C levels – outperforming the national Medicaid average (59%) and the CT Federally Qualified Health Center average (71%).

Hypertension Control: 68% of Malta patients with high blood pressure have it under control, surpassing both the CT average (64.5%) and the national Medicaid average (61%).



Cervical Cancer Screening: 67% of our eligible patients are up to date with cervical cancer screenings – exceeding the national Medicaid rate of 56%.

Depression Screening: 60% of our patients have been screened within the past year, which is at the national Medicaid rate.



Breast cancer screening: 60% of our patients are up to date with mammograms, which is above the national Medicaid rate of 52%.